



What is Self-Directed Support?



Self-Directed Support is a new system. It's about people being in control of the support they need to live their life as they choose.

Some people manage their support on their own. Others need help - from family or friends or people who are paid to help. In the old system, professionals made all the decisions about the support people could have and who would provide it. The person needing support often had no control.

This new system started with social care and the money in social services. But it's quickly becoming about health, education and other funding and services.



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